

Mon	Tue	Wed	Thur	Fri	Sat	Sun
9/2021		Harajuku ☆9:50~ asako training 10:00~10:50 Intro to yoga asako		Harajuku ☆9:50~10:50 Intro to yoga asako		
	Asagaya & Online ☆10:00~11:00 Hatha yoga asako		Asagaya & Online 10:30~11:10 Short Hatha yoga asako			
		Harajuku ☆11:10~12:10 Yoga	Asagaya & Online ☆11:30~12:30 Easy hatha yoga asako	Harajuku 11:10~ asako training ☆11:40~12:40 Yoga	Harajuku ☆12:00~1:10 Hatha yoga asako	
	Asagaya & Online ☆2:00~3:00 Easy hatha yoga asako		Asagaya & Online 3:20~asako training ☆3:40~4:20 yoga		Harajuku 1:30~asako training ☆2:00~3:00 Yoga	
	Harajuku 5:50~asako training ☆6:00~6:50 yoga					
		Asagaya & Online 6:30~7:00 yoga asako		Asagaya & Online 6:30~7:10yoga asako		
	Harajuku 7:10~asako training ☆7:20~8:10 yoga	Asagaya & Online ☆7:00~8:00 yoga asako	Harajuku ☆8:15~9:15 yoga asako		Private lessons available	

● Drop in ⇒3300yen

● 4tickets⇒11000yen valid for 2months

● Monthly tickets

• 11tickets 16500yen

• 20tickets 22000yen

(☆class needs 2tickets)

● additional monthly ticket 1 for 1100yen

Rental mat & wear available for 300yen

Water 100yen